

Short order

We do love a sauvignon blanc, but after coming across the sensational 2010 Queensland Verdelho from the family-run **Witches Falls Winery** on Tambourine Mountain in the Gold Coast hinterland, it looks like stunning passionfruit and paw paw aromas aren't exclusive to the sauvs. The other show-stoppers we tasted were the pinot noir and the now sold-out 2009 Granite Belt Saignee, but the good news is the 2010 vintage is on its way. Visit www.witchesfalls.com.au



Since a **Vietnamese restaurant is yet to set up** in the 'Ville, DIY is our only option, and who better to show how it's done than series two of engaging Aussie/Vietnamese chef **Luke Nguyen's** fascinating cooking travelogue. Luke travels throughout vibrant and chaotic Vietnam, preparing authentic dishes without a studio or slick equipment – it's raw, it's real, and it's really, really good. On SBS DVD, out Feb. 16



If you love your coffee but have a social conscience, try **Oxfam fair**, Australia's newest organic Fair Trade coffee range. Growers in developing countries like Africa, Ethiopia, East Timor and Peru are paid a fair price for their beans, giving coffee-lovers a great taste, without the guilt. Available now from \$8.95 at Oxfam shops and selected Coles and Woolworths supermarkets, or online at www.oxfamshop.org.au

Legendary charismatic bad-boy

British chef, **Marco Pierre White** retired from the restaurant game that saw him attain three Michelin stars and mentor a young Gordon Ramsay and Heston Blumenthal, but he aims to "blow the lid off gastronomy", in **Marco Made Easy – A Three-Star Chef Makes it Simple**. Featured are 100 recipes based on ingredients you'd find in your kitchen cupboard. If you're after deceptively simple dishes with bags of flavour, here they are. From Hachette Australia, rrp \$55.



Now that chef **Michael Brine** has moved to the new Brine family-run restaurant, Saltcellar, his replacement at **A Touch of Salt** is none other than Michael's former mentor, chef **Aaron Meizner**. Aaron aims to produce an eclectic menu, we can't wait to try the Trio of Coffin Bay oysters and the Lamb loin with pastia of shank, pumpkin and pistachio crumble, baby chard and shiraz caramel – yum! To book, call 4724 444147

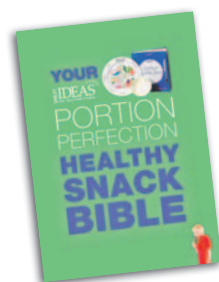


If the super-soft preservative-filled products found on supermarket shelves fill you with despair, it's heartening to hear that staff at **artisan bakery Three Loaves** are being run off their feet keeping up with demand for their delicious organic breads, mouth-watering pies and sausage rolls, and delicious French pastries. Pop in to say hello and re-acquaint yourself with the unreal taste of real bread. Three Loaves is located at The Precinct, Fairfield Waters, phone 4729 0707

Road trip! Head up to Ingham's Tropixx Hotel to dine at the newly fitted-out restaurant, **Flames at Tropixx Steak and Seafood**. The new lunch and dinner menu will feature flame-grilled delights from January 29, and the genial hosts will continue their monthly tradition of sensationally social degustation dinners. Another feature of Tropixx are the tiled motel rooms that allow pets – what's not to love?! To book, call 4720 3456

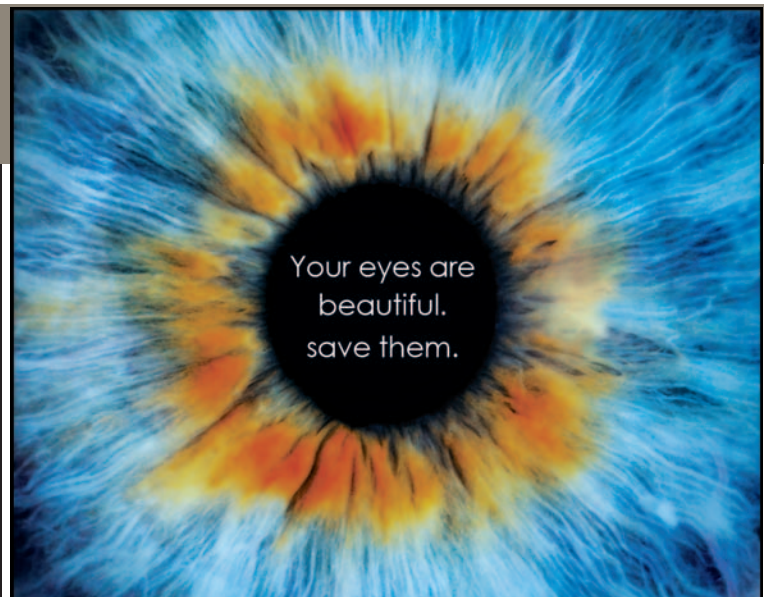


There are still a couple of weeks to go in series three of the addictive dinner party reality series, **Come Dine with me Australia**. Each week, five strangers take turns to host the other four guests to a dinner party in their home, with kitchen disasters and lacklustre hosting skills scored by the other guests. It's all for a pile of cash and bragging rights - tune in to the LifeStyle Channel week nights at 7.30pm, (8.30pm AEDST).



If you've stuck to your diet but stumble on snacking, Amanda Clark's brilliant **Portion Perfection Healthy Snack Bible** is for you. Packed with photos of nutritious snacks that appear in the right portion size for a weight loss snack, the book retails for a teeny \$7.95 or you can get it as a FREE download from www.greatideas.net.au or call 07 5536 6400. Now that's what we call a great idea!

EMAIL // If you have any foodie news, let us know by emailing us at eye@townsvillebulletin.com.au



Your eyes are beautiful. save them.



Eyecare Plus

YOUR VISION - OUR FOCUS

OPTOMETRISTS

Experienced, Not Expensive

Hanks & Melville Optometrists
1/246 Ross River Rd, Aitkenvale.... **4779 7433**

Homewood & Hanks Optometrists
137 Queen St, Ayr.... **4783 1361**

www.eyecareplus.com.au

311024965

DANCENORTH SWEATSHOPS

START 31 JANUARY

- // Contemporary
- // Pilates
- // Yoga
- // Hip Hop

\$10 CLASSES

COST // \$80 10 pack buy
// \$10 casual class

Dancenorth, Cnr Walker & Stanley Sts, Townsville CBD

For the latest schedule and more information
4772 2549 // www.dancenorth.com.au



DANCENORTH