

# Australia's Private Hospitals

## Valuing Private Hospitals Media – Nov 2010

The latest news from the Valuing Private Hospitals campaign trail

### [Dietician recognised for quality meals program](#)

Gold Coast dietician Amanda Clark has won the national Australian Private Hospitals Association/Baxter award for quality and excellence for programs in a private hospital setting. The industry award was presented to Ms Clarke and Currumbin Clinic chief executive officer and director of nursing Varri Mackinnon for the 'Perfect Meals for Patients' program devised by Ms Clarke for Currumbin Clinic.

Ms Clarke was asked to create a program after a survey of Currumbin Clinic inpatients in 2007 revealed 73 per cent of respondents were reporting unwanted weight gain during their stay at the clinic.

"The aim of The Perfect Meals for Patients program was to provide patients with a supportive environment and some simple portion control strategies for weight control whilst in the clinic," Ms Clarke said.

"And the best solution for any long-term weight loss is portion control."