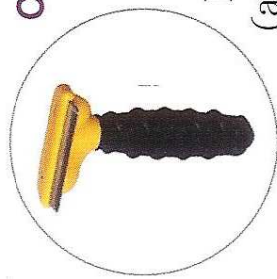


the goods. **great finds, in practice.**

gadgets, gizmos & good-for-you ideas.



Creature comfort Pet lovers and allergy sufferers have been waiting for a truly effective, easy-to-use solution to the pet hair and dander problem in their fur-filled households. Now it's here – the Furminator (around \$30.00; www.furminator.com).

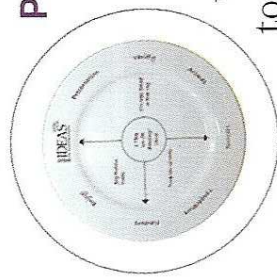


Plate truths Adults can take a cue from the sectioned plates that kids use: research confirms that people who practised portion control via a sectioned plate lost more weight than those who didn't. Pick one up today (\$24.95; www.greatideas.net.au).



Calm down, Fido Similar to a doggy jacket, the Anxiety Wrap (\$89.99; www.anxietywrap.com.au) is a non-drug treatment that uses controlled pressure to calm anxiety-driven behaviour like aggression, barking, biting or over-grooming.



Stop snoring According to the British Sleep Apnoea Association, partners of snorers suffer more stress-related ailments, including depression. Snorers, try Help Stop Snoring, an essential oil spray (\$13.95; www.helpstosnoring.com.au).



Gaming fitness New from Nintendo is their nifty Wii Fit (\$149.95; at major stores) a gaming accessory that offers core, balance and aerobic training activities, along with a pressure sensitive Balance Board that calculates your BMI and monitors progress.



Eco-wallet The Jimi wallet (\$20.00; www.branchhome.com) is for people who say they hate wallets – compact and water-resistant, it's made from 100 per cent recycled materials, plus 1 per cent of revenue is reinvested in environmental causes.